

Chicken Wings

Serves 2

Ingredients:

- 2 lbs. chicken wings
- Himalaya Gourmet Tamarind Honey Dip
- 2 tablespoons low sodium soya sauce
- Salt to taste

Method: Brush the wings with the mixture of Himalaya Gourmet Tamarind Honey Dip masala and soya. Bake in a conventional oven at 350 degrees F. about 35 minutes, turning the wings once during the cooking. Serve on a bed of greens as an entrée.