

## Keema Lamb or Veal

Serves 6

A wonderful main dish!

Ingredients:

- 300gms ground meat
- 4 cups diced mixed vegetables such as carrots, potato, string beans, celery, onions
- 2 tbsp Himalaya Biryani masala;
- 2 tbsp vegetable oil;
- 1cup water;
- Salt to taste

**Method:** Brown meat in vegetable oil, add Himalaya Biryani Masala, vegetables and simmer. When half done add water and salt. Simmer until well cooked. Serve with a baguette.